

South Dayton Oral & Maxillofacial Surgery
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PLEASE READ ENTIRE NOTICE...

A few things to note before the scheduled surgery:

- No eating or drinking after midnight the night before surgery, **this includes NO water**. If any liquids are ingested in the 8 hour window prior to surgery, the appointment will be rescheduled.
- Someone must drive the patient to and from the appointment and be able to spend the rest of the day with them. We also ask that the parent/escort of the patient stay at the office during the procedure. You will be here for approximately 1.5 hrs.
- Stock up on cold soft foods (ice cream, pudding, jello, yogurt, applesauce). This is what will be consumed the remainder of the day. Also, Sprite/7up are good to have on hand for nausea and to help the patient to "feel" the bubbles to swallow medications.
- A small pack of gauze will be given to you after the surgery for home. You will want to purchase extra gauze in the instance that bleeding continues. Some patients will bleed for several hours after surgery where some will stop bleeding very quickly, every patient is different.
- You will be icing the day of surgery. There is a nice velcro head wrap ice pack that includes a couple sets of the gel ice packs for rotation for sale on Amazon.com for \$15.00. I have included the link below if you would like to purchase. You may also search on 'wisdom teeth ice pack' on Amazon.
- For pain management after surgery we suggest having Ibuprofen 200mg tablets and Extra Strength Tylenol 500mg on hand. Typical dosing is 600mg Ibuprofen and 500-1000mg of Tylenol. You will alternate these medications every 3 hours. *Ex: Ibuprofen at 2pm, Tylenol at 5pm, Ibuprofen at 8pm, Tylenol at 11pm, etc.*

- We will call a few days before the scheduled procedure to confirm. If we do not speak with you and we leave a message to return our call to confirm, it is your responsibility to make sure to return the call. We reserve the right to cancel the appointment if you fail to confirm.

- Patients with Insurance, our office will do a pre-determination with your insurance company. It can take several weeks for this to come back and we will call you to go over the out of pocket cost which will be due the day of treatment, in full.

If you have any questions or concerns, please do not hesitate to contact us.

Thank you,

Trent Tucker MD, DDS

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